

Lordy, Lordy...Look What's Forty!

Speak-Out XL – Burlington, Colorado

Tentative 2016 Agenda

Sponsored By: Eastern Plains Legislative Task Force

Hosted By: East Central Area Agency on Aging

Burlington Community Center.....Best Western Carousel Inn

October 6 & 7, 2016

Thursday, October 6th Events:

11:30: Registration

1:00: Speak-Out Convenes – *Loren Lambert*, Immediate Part Chair

Senior Services and Transit Advisory Board

1:15: **Visual Learners** – *Karen Wehrman, Elbert County*

2:00: Break – check in to hotel

3:00: **Scavenger Hunt** – *Debbie Babbitt, Kit Carson County*

3:30: **Rural Aging in Place** – *Panel members: Tara Gaynor, Angela Berry, Becky Richmond, Lenora Winslow all Regional Service Providers*

4:30: Break – Visit/tour Old Town (cost is \$5 per person), shop, or just relax in your room

6:30: Dinner – Community Center

Entertainment: *Loren Lambert and the Garage Bunch*

7:30: **Keynote Speaker:** *Dr. Colorado – Professor Thomas J. Noel*

8:30: Bingo – Burlington Seniors

Friday, October 7th Events:

6:00 to 8:30: Breakfast – Check out of hotel

8:30: **Value of Exercise** – *Rachel Smith, Lincoln County*

9:30: Break

10:00: **Legislative Session** – Facilitator: *Cathy Shull, Progressive 15*

All State and Federal Legislators were invited

11:45: Closing Remarks – *Loren Lambert*

Adjourn - Lunch – On your own

*Visit the historic Kit Carson County Carousel before going home from 12:00 to 2:00 – weather permitting – Rides are **FREE** today, during this time only*

Next Year: **Region I (North)**... safe travel home